wic program manual

WIC 210-50.14

SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: Women: Nutrition Assessment Requirements--

Determining Dietary Nutrition Need



Policy

The Competent Professional Authority (CPA)/WIC Nutrition Assistant (WNA) shall assess whether a dietary nutrition need exists at each certification using the following:

- the Prenatal Nutrition Questionnaire (DHS 4063),
- the Breastfeeding/Postpartum Woman and Newborn Infant Questionnaire (DHS 4137), or
- a local agency developed and state approved nutrition questionnaire.

If a dietary nutrition need cannot be identified and there is NO other indicator of nutritional need, then staff shall use a 24-hour diet recall to determine a dietary nutrition risk needed to establish eligibility.

Authority for policy

7 CFR 246.7 (e)

Determining need

<u>Dietary nutrition need</u> may also be determined by responses to Integrated Statewide Information System (ISIS) questions and questions asked during individual counseling as part of the certification process.

Assessment and documentation

If eligibility is based on a dietary risk, the local agency shall document identified indicator(s) of dietary nutrition need(s) in ISIS on the Summary Screen.

The assessment of a 24-hour diet recall shall support the risk identified. Totaling the number of servings and estimating serving sizes are not required, however they may be necessary if a dietary nutrition need is not identified using a visual assessment of the 24-hour recall.

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